

PELHAM PARKS AND RECREATION

6 Village Green, Pelham, NH 03076

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YOUTH BASKETBALL 2025-2026

**Note: Deadline for sign up is November 1, 2025*

Participant Release Form

Participant Name: _____ DOB: ____/____/____ Circle: M or F
Address: _____ Town: _____ State: _____ Zip: _____
Parent/Guardian Name(s): _____
Parent/Guardian cell phone(s): _____
Email address: _____

This is a recreation level youth basketball program consisting of games and practices involving a high level of physical activity. Practices begin in November 2025 (Evaluations for ages 9 & up only on team placements Saturday, November 22, 2025, at PES). Games will take place on Saturdays at PMS and PES. Practices are on weeknights at the PES and PMS School Gymnasiums.

Basketball poses a variety of risks to the children participating because of contact with the ball, other players, the ground and by the strenuous level of activity. These risks include but are not limited to bumps, bruises, cuts, abrasions, broken bones, concussions, heart attacks and even death. Because of the inherent risks and extensive physical activity involved in the game of basketball, we advise that all children participating be in good physical condition. Any limitations regarding their physical capabilities should be made known to the Parks and Recreation Department.

Participants must wear comfortable clothing and nonskid sneakers during participation in the Pelham Parks and Recreation basketball program. Other optional items are knee pads, mouth guards, elbow pads and protective cups and supporters. No prior knowledge or skills are required to take part in this program. Please list any physical or other condition, medications the participant is taking, dietary restrictions, allergies, or other information which may be necessary and helpful to ensure participants' health and safety:

I have read and understand the information provided above. I have noted any physical or medical conditions the participant has which might affect his/her participation. He/she meets the standards required for participation and will have the necessary equipment, which will be in good working condition. Uniforms are provided for team identification. I assume all the risks normally are incidental to the nature of this activity, including risks which are not specifically foreseeable. I will follow the rules and regulations provided by the activity leaders/coaches/supervisors.

I, the undersigned, hereby agree to release, indemnify, save and hold harmless the Town of Pelham, the Parks and Recreation Dept., its employees, agents, representatives, coaches or volunteers from any and all liability, actions, causes of actions, debts, claims or demands of any kind for property damage or personal injury resulting from failure to obey safety regulations and directions of the activity leader or resulting from the exercise of judgment by the leader in good faith response to emergencies and exigencies which occur during the activity; provided, however, that nothing contained herein shall excuse any of the leaders to act with reasonable care for the safety of the participant during the course of the activity appropriate to the circumstance.

You have my permission to have a physician attend to my son/daughter, if it is deemed necessary, during his/her participation in the above activity. I give my permission for any videotaping or other photographs taken in which my child/ren may appear and may be viewed on our website and understand that Pelham Parks and Recreation may remove any child from the program due to the zero-tolerance policy of inappropriate behavior.

Executed this _____ day of _____, 20____. _____
Parent/guardian signature

In case of emergency and the parents/guardians cannot be reached, please contact:

Name: _____ Relation: _____
Town/City/State: _____ Cellphone: _____

Check, if applicable:

I am willing to coach my child's team: _____ YES I would like to assist only: _____ YES

NO requests for coaches ages 9 and up; no requests for practice or game times in all age groups, 7 & 8 only may request to be with another player or a coach. No guarantees made. Thank you for understanding.

Requests: _____

Please make checks payable to the Town of Pelham. \$115/One child. Thank you!