

PELHAM PARKS AND RECREATION

6 Village Green, Pelham, NH 03076

Phone: 603-635-2721

Email: Recreation@pelhamweb.com

Fax: 603-508-3094

MEN'S SLOW PITCH SOFTBALL – Spring 2026

Cost: \$1100 per team

Team Captain Release Form

Participant Name(Captain): _____ DOB: _____ Circle one: M / F

Address: _____ Town: _____ St: _____ Zip: _____

Cellphone: _____ Email address: _____

Team Name _____

Payment must be paid by the captain of each team prior to the start of the program

This is a recreation level slow pitch softball league consisting of games involving a high level of physical activity. The program will take place on weeknights (Mon. thru Thursday) at Newcomb Field. Teams will play twice a week. The season will consist of 20 games plus playoffs. Players are required to abide by all town ordinances including: **NO CONSUMPTION OF ALCOHOLIC BEVERAGES ON TOWN PROPERTY.**

Softball poses a variety of risks to the participant because of contact with the ball, other players, and the ground and by the strenuous level of activity. These risks include but are not limited to bumps, bruises, cuts, abrasions, broken bones, concussions, heart attacks and even death. Because of the inherent risks and extensive physical activity involved in the game, we advise that all participants be in good physical condition. Any limitations regarding their physical capabilities should be made known to the Pelham Parks and Recreation Department.

Participants are encouraged to wear protective equipment at all times during participation in the Pelham Parks and Recreation Men's Softball program. Encouraged items include but are not limited to kneepads, mouth guards, elbow pads and protective cups and supporters. No prior knowledge or skills are required in order to take part in this program. Please list any physical or other condition, medications the participant is taking, dietary restrictions, allergies, or other information which may be necessary and helpful to insure participants' health and safety:

I have read and understand the information provided above. I have noted any physical or medical conditions that I have which might affect my participation. I meet the standards required for participation and will have the necessary equipment, which will be in good working condition. I assume all of the risks normally incidental to the nature of this activity, including risks which are not specifically foreseeable. I will follow the rules and regulations provided by the league, its' agents and supervisors.

I, the undersigned, hereby agree to release, indemnify, save and hold harmless the Town of Pelham, the Parks and Recreation Dept., its employees, agents, representatives, coaches, and volunteers, from any and all liability, actions, causes of actions, debts, claims or demands of any kind for property damage or personal injury resulting from failure to obey safety regulations and directions of the activity leader or resulting from the exercise of judgment by the leader in good faith response to emergencies and exigencies which occur during the activity; provided, however, that nothing contained herein shall excuse any of the leaders to act with reasonable care for the safety of the participant during the course of the activity appropriate to the circumstance.

I give my permission to have a physician attend to me, if it is deemed necessary, during my participation in the above activity. I give my permission for any videotaping or other photographs taken in which may appear. I understand that Pelham Parks and Recreation may remove me or any member of my team from the program as it deems necessary concerning the zero-tolerance policy of appropriate behavior.

Signed this _____ day of _____,
2026.

Participant Signature