

Pelham Parks and Recreation

6 Village Green, Pelham, NH 03076

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YOGA REGISTRATION

Sessions are offered Sept. 2019 to June 2020. Classes are Monday and/or Wednesday at the Hobbs Community Center, 8 Nashua Road, Pelham NH with Yoga Pelham resident instructor, Heidi Weishaar, from 6:30-7:30pm.

See reverse side for Calendar and costs. Open to age 18 and up – adult classes.

This form is required for your first sign up in the 2019-20 school year; additional sessions need payment only. Fall Promo Special available on Session I only; try one class for free to anyone new prior to registration - \$20.00 off for both nights!

Name: _____ DOB (required): _____

Address: _____
Street City State Zip

Home phone: _____ Cell: _____

Email Address: _____

Allergies or medical issues: _____

Any other information the instructors should have: _____

In case of emergency please contact:

Name: _____ Relation: _____

Town/State: _____ Phone: _____

CHECK ONE OR BOTH: Monday class _____ Wednesday class _____ Both days _____

CHECK WHICH SESSION: Session I [☐] Session II [☐] Session III [☐] Session IV [☐] Session V [☐]

RELEASE OF LIABILITY

I assume all the risks normally incidental to the nature of the above activity, including risks, which are not specifically foreseeable. I will follow the rules and regulations provided by the instructors. I, the undersigned, hereby agree to release, indemnify, save, and hold the Town of Pelham, employees, agents, representatives, coaches and volunteers from all liability, actions, causes of actions, debts, claims or demands of any kind and nature whatsoever which may arise by or in connection with participating in the above activities. The activity will take place at Hobbs Community Center; subject to change if required by the center.

Date

Signature of participant

Floor Mat needed; water bottle, yoga blocks and strap recommended.