

MOONLIGHT SNOWSHOEING HIKES

Pelham Parks and Recreation is offering the second annual Moonlight Snowshoeing Hike program supervised by Peggi and Mike Sawicki for families to share in this fun winter activity. This program is offered at E. G. Raymond Memorial Park, 35 Keyes Hill Road in Pelham starting at 6:30 pm. on Saturday, January 14, 2017. We hope to add additional dates but will need another volunteer to act as supervisor. Families are invited to rent snowshoes for the 1 mile hike; we must have a reservation with sizes one full week in advance. All children **MUST** be accompanied by their parent/guardian. There is no cellphone use at the park; groups **MUST** stay together! Course will be lit by candles; bonfire with hot chocolate and cookies to warm up and enjoy at the end.

Participant's Name: _____ Age (if under 18): _____ DOB (required): _____

Additional participants in family: _____

Address: _____ Town _____ State _____ Zip _____

Home Phone: _____ Cell phone : _____

Parent names if under 18: _____

Family Email Address (required): _____

This is a recreation program consisting of outdoor winter hiking through the woods involving a medium level of physical activity. The program will take place at Raymond Park in town. Parents are expected to arrange for transportation to and from the program for themselves and children. Bring your own snowshoes or pay to rent them (reserve 1 week ahead). Children **MUST BE** accompanied by an adult for all hikes if under the age of 18.

Snowshoeing can pose a variety of risks to those participating as a result of contact with any equipment, other participants, the ground and by the strenuous level of activity. These risks include but are not limited to bumps, bruises, cuts, abrasions, broken bones, concussions, heart attacks and even death. Because of the inherent risks and extensive physical activity involved in hiking, we advise that everyone participating be in good physical condition. Any limitations regarding their physical capabilities should be made known to the Pelham Parks and Recreation Department and the leaders, Peggi Sawicki and Mike Sawicki.

Participants should wear weather appropriate clothing, hats, gloves and appropriate footwear during participation in the Pelham Parks and Recreation hiking program. No prior knowledge or skills are required in order to take part in this program.

Please list any physical or other condition, medications the participant is taking, dietary restrictions, allergies, or other information which may be necessary and helpful to insure participants' health and safety:

I have read and understand the information provided above. I have noted any physical or medical conditions the participant has which might affect his/her participation. He/she meets the standards required for participation and will have the necessary equipment, which will be in good working condition. I assume all of the risks normally incidental to the nature of this activity, including risks, which are not specifically foreseeable. I will follow the rules and regulations provided by the activity leaders/coaches/supervisors.

I, the undersigned, hereby agree to release, indemnify, save and hold harmless the Town of Pelham, the Parks and Recreation Dept., its employees, agents, representatives, coaches, volunteers, from any and all liability, actions, causes of actions, debts, claims or demands of any kind for property damage or personal injury resulting from failure to obey safety regulations and directions of the activity leader or resulting from the exercise of judgment by the leader in good faith response to emergencies and exigencies which occur during the activity; provided, however, that nothing contained herein shall excuse any of the leaders to act with reasonable care for the safety of the participant during the course of the activity appropriate to the circumstance.

You have my permission to have a physician attend to myself or my child, if it is deemed necessary, during his/her participation in the above activity. I give my permission for any videotaping or other photographs taken in which myself or my child/ren may appear and Pelham P&R has a zero tolerance policy for appropriate behavior.

Executed this _____ day of _____, 20____. _____
Signature

In case of emergency and the parents/guardians cannot be reached, please contact:

Name: _____ Relation _____
Town/City/State _____ Telephone _____

COST PER PARTICIPANT: \$15 - Checks payable to Town of Pelham for rental of snowshoes. No charge if participant brings their own shoes. Snowshoes available **ONLY** for those who reserve them 1 week ahead!

SNOWSHOE RENTAL (check one or number needed for each): _____ under 120 lbs. _____ 120-180 lbs. _____ over 180 lbs.

FOR OFFICE USE: _____ individual _____ family _____ fee paid _____ check/receipt MC VISA